

We want to **thank our locally owned pharmacies** that have made the decision not to sell tobacco products. This list may not be complete, if you know of a pharmacy in your community with a no tobacco policy, please contact Diane at 591-6508, x 200.

Hamakua Family Pharmacy in Honokaa
Kamehameha Pharmacy in Kapaau
Malama Compounding Pharmacy in Kealahou
Mina Pharmacy in Hilo
Molokai Drugs, Inc.
Puna Pharmacy in Pahoa
Shiigi Drug in Hilo
The Pillbox, Kaimuki, Oahu
Ululani Pharmacy in Hilo
Windward Pharmacy in Hilo



In this issue we want to highlight Mina Pharmacy

Mina Pharmacy opened 13 years ago, the owners made a conscious decision not to carry any tobacco products. Adel Etinas, RpH, noted that this decision was made after learning there are hundreds of toxins in each cigarette and about the effects of first, second and third hand smoke on the health of those exposed. Adel has worked closely with various patients who developed emphysema and became hospitalized. She has also witnessed those patients suffering greatly with a rapid decline and passed away quickly. In the mid 90's, while working out in the Waianae area, she noticed a great need for Asthma treatment, which is why she also became a Certified Asthma Educator. Throughout her career, she has also counseled many asthmatic patients with smoking-related health conditions. As a result, the team at Mina Pharmacy takes the time to work closely with patients on their health care needs.

Much Mahalo,
Adel Etinas, RpH
Mina Pharmacy